

25 year Celebration Afternoon Tea



Penkrige Phoenix is celebrating its 25th anniversary this year. As part of the celebration the club is subsidising an Afternoon Tea at The Moat House, Acton Trussell on 23rd March 2016. A table magician will mingle amongst the tables. The cost is £12. If you are interested please email webadmin@penkrigephoenix.org.uk .



Acknowledgments

Penkrige Phoenix is what it is because of the members who put a lot of hard work into making it work. Thanks must go to :-

those that provide teas, coffee and biscuit at the coffee mornings and then wash up;

the members who lead the many activities, e.g. art, badminton, walks, games afternoon, curling, speakers corner, the bash, etc, etc;

the members who put on events, trips, etc.

If you would like to help in any way with the above or indeed would like to start a new activity or run an event, contact anyone on the committee who will be glad to advise and guide you.

The Bash 28th March

We held our annual 'Bash' and had a great time. The amateur entertainment followed by good food followed by Bev Pegg and his group made for a good evening. None of this can happen of course without the time and effort Linda Savage puts in arranging it all. Thanks also go to Vee Jackson and her team for providing the food, Geoff Lester and his team for all the backstage arrangements, Doug Cresswell & Dave Bentley for getting the sound equipment working and of course all of the cast. And finally thanks to those who helped clear up at the end.

Llandudno

A great day out for two coach loads at the Victorian weekend. Well done Ray Franks.

Tips

E-mail passwords:- Change them regularly; don't make them simple, e.g. John123 as these are easily hacked; use other characters besides letters and numbers, e.g. !@f\$%?; the longer the password the more difficult it is to break.

e-mails:- If you have an e-mail and you don't recognise the sender treat it with suspicion. If it has an attachment be sure it is safe to open. If you recognise the e-mail address and open it, look for terminology used, spelling mistakes, etc and think 'is this what I would normally accept from this person'. Have they ended the e-mail with their normal comment, e.g. best regards, love, bye, etc but its different this time. If so view it with suspicion

Security:- Ensure you have the latest version of your Anti-virus/internet security/firewall protection software, and make sure its activated!

Scams:- There are so many scams now, particularly by telephone, that they too numerous to mention. But remember:- Don't divulge your bank details unless you are confident its a bona-fide person, company, etc; if you get a call to say your pc has a problem don't start your pc up; if the caller, to prove they are genuine, suggests you ring them, don't immediately do it. Wait 30 mins, check the number is genuine by googling the company on the internet and ring the number thats on the website.

Because of our age, i.e. over 50 we are targeted by scammers. There is a website called Think Jessica which is supported by

the National Crime Agency, Trading Standard Institute and Staffordshire County Council that gives lots of information about scams and fraud and how to protect yourself. [Click here for a link to the site.](#)

Have you joined? **OWL keeps communities safe, helps reduce crime and keeps people informed of what's going on locally.** It's a shared, secure platform for the public and local authorities to maximise the potential of [Neighbourhood Watch](#). Click on the link to register for email notification of scams in your area:- [Click here](#)

If you change your email address please email webadmin@penkridgephoenix.org.uk with your new email address!!

Links

You may find these links useful:-

Phoenix federation:- <http://phoenixstaffs.org>

Walton Phoenix:- <http://staffordwaltonphoenix.org.uk>

Rugeley Phoenix:- <http://rugeleyphoenix.org.uk>

Penkridge Phoenix Activities Club is not responsible for the content of external websites and the inclusion of a link to an external website from penkridgephoenix.org.uk should not be understood to be an endorsement of that website or the site's owners (or their products/services).

First World War Battlefields

Visit to Ypres and Flanders Fields April 2016 Approx £320pp

If there is sufficient interest, we are planning to run this tour to the main British battlefield in the First World War.

FLANDERS FIELDS – BRITAIN'S BASTION ON THE WESTERN FRONT

—
2016 Friday 8 April to Monday 11 April. 4 Days/3 Nights
Bed & Breakfast.

This tour is organised and run by Leger Holidays. It covers the ground around Ypres, in Flanders, the main British battlefield where 4 major battles were fought and more than 250,000 British and Commonwealth soldiers lost their lives.

Visits are made to the major battle sites, museums and cemeteries, on both the British and German sides, and there is opportunity to attend the moving 'Last Post' ceremony at the Menin Gate in the evening.

Travel is by Executive Coach from a local pick-up point, crossing the Channel by either ferry or Eurotunnel on Day 1, followed by 2 full days of excursions, returning home on Day 4.

Accommodation is in the 3-star Novotel hotel in Ypres on a bed-and-breakfast basis.

Quoted price is £319 based on two people sharing (single room supplement is £95), with a possible early-booking discount if booked before the end of July.

There is also the option of an 'Admissions Package', giving entry to all the major sites and lunch on 2 days, for an additional 45 euros (approx £32), bookable and payable while on the tour.

Travel insurance will be each individual's own responsibility, but can be arranged through Leger Holidays from £34.95 pp for this tour.

It is likely a non-refundable deposit will be required in the near future in order to secure places.

In order to secure the places it will be necessary to book this as soon as possible. **Names will be taken at the July Coffee Morning.**

For further information, or to register your interest, contact Mike Smith on 01785 715120 or at mikejsmith@uwclub.net

Walks Narrative

There are two walking groups and essentially the difference is the long walkers meet every Tuesday and walk between 4-6 miles and approximately 25-45 go.

The short walkers (that's not their stature by the way) meet every other Tuesday morning and walk between 3-4 miles and approximately 10-20 go.

You are strongly advised to wear good walking gear, particularly waterproof boots in the winter months especially. You should be prepared for climbing over stiles and crossing fields with cattle in.

To help the environment many share travel and make their own arrangements regarding costs. There are no additional club fees for either of the walking groups. Please refer to the walking schedules for the latest walk descriptions.

If you require more information contact Meryl George for the short walks and Derek Green for the long walks.

Short Walk Schedule

Boots are strongly recommended. If you are unable to make these dates leaders must arrange a swop with someone else on the list. Leaders must inform the group of their meeting points by the previous walk.

*****All walkers meet at 10:00 for a prompt 10:15 start *****

Date	Description	Leader
01/12/15	Penkridge Bank car park – Rugeley Rd past Whitehouse round the bend – car park is on the left hand side almost opposite turning for Tackeroo	Dave Emberton
15/12/15	Chillington Hall, Brewood – park on left hand side	Yvonne Grainger
29/12/15		Meryl George
12/01/16		Yvonne Grainger
26/01/16		Mary & Ivan Owen

Contact us

Please click on any of the contacts below who are officers of the club. They will get back to you as soon as possible.

chairman@penkridgephoenix.org.uk

Secretary@penkridgephoenix.org.uk

treasurer@penkridgephoenix.org.uk

membershipsecretary@penkridgephoenix.org.uk

If you wish to contact any other member of the club please click on the contact below stating who you wish to contact in the subject space:

webadmin@penkridgephoenix.org.uk

membershipsecretary@penkridgephoenix.org.uk

Please print this form by clicking on the Print Icon below,
complete and send along your fee to the membership secretary.

membershipsecretary@penkridgephoenix.org.uk